

# Plait

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## For unaccompanied flute

Plait, for unaccompanied flute, is an expression of methodical, and possibly meditative, repetitive actions. Without making much use of literal repetition, it uses a single melodic line to create the sense of a pattern. Illustrating this is the use of three main sonic ideas which are juxtaposed in the piece, who reference and communicate with each other. Apart from this development, these identifies are eventually fully weaved together, creating a literal sort of braid or plait.

Plait attempts to capture, apart from these specific actions, the sense and mood which arises from mindful behaviour. In terms of affect, it aims to create an atmosphere of gentle serenity, albeit somewhat detached. It is both an action, as well as an expression of said action.